

Gadget Review

Lessening the load

Around the house, a non-slip tray may be useful. For shopping, various lightweight frames, designed for carrying bags, are available. These are usually foldable, which allows for easy storage and transportation. However, shopping trolleys, although not designed as walking aids, do offer more support. If you prefer to carry your shopping by hand, ergonomically designed plastic bag handles help spread the pressure of plastic bag handles over a wider area of the hand and are designed to carry several carrier bags on one handle.

Lightweight folding stools that double up as walking sticks (commonly favoured by horseracing fans) are becoming increasingly popular and look stylish. Fold-away/telescopic walking sticks are similarly discreet since they can be carried in your bag when not required. You will find they are often sold in the same department as umbrellas. Alternatively, check out outdoor activity shops.

Non-slip carrying trays

Dycem Ltd

<http://www.dycem.com>

Carrier bag handles

Praktikal Ltd

<http://www.praktikal.co.uk>

Lightweight foldable frames

Uniscan Ltd

<http://www.uniscan-walkers.co.uk>

Telescopic walking stick

Lightweight Gear Shop

<http://www.outdoor-gear.com>

Search assistance

If you cannot find suppliers for your area listed above, use these keywords to search for suppliers:

Karristicks, Uni-shop, Shol-Eco, Handicart, Sholley, Grippit-Bageze, Handigrip, shopping trolley.

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